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New York-Trained Physician Chooses Monmouth County to Offer
The Latest Advanced Medical Procedures for Community Residents

Freehold, NJ – Medical conditions requiring more advanced surgery are now offered by a leading New York-trained and skilled physician who has relocated here to offer community members the newest surgical procedures close to their homes. Morris Washington, M.D., FACS, general surgeon, has recently opened Endo-Surgical Associates of Central Jersey, located at the new Medical Arts Building at 901 West Main Street, Suite 104, Freehold, New Jersey. This esteemed physician specializes in minimally invasive surgery, gastrointestinal endoscopy, and bariatric (weight loss) surgery. In fact, Dr. Washington recently performed the first laparoscopic colon resection, the first pancreatic resection, the first paraesophageal hiatal hernia repair, and the first gastric bypass for morbid obesity at CentraState Healthcare System, where he is affiliated. At CentraState Medical Center, Dr. Washington also established the first Comprehensive Bariatric Surgical Weight Loss Program.

For more than 15 years, Dr. Washington of Millstone Township, New Jersey, has been dedicated to advance laparoscopic surgery and gastrointestinal endoscopy. He received his medical degree from New York Medical College, Valhalla, New York, and completed his residency and endoscopic fellowship at Beth Israel Medical Center, New York.

Dr. Washington has lectured nationwide, been published extensively on the newest procedures in endoscopic surgery, and still teaches at several respected medical institutes. He is Board Certified and licensed to practice medicine and surgery in New Jersey and New York.

“I am a New York-trained physician and graduate of a prestigious American medical school. I selected this area for professional and personal reasons as a means of providing area patients with specialized medical care that is traditionally available only in large cities like New York and Philadelphia,” says Dr. Washington, who is an active member of several laparoscopic and endoscopic societies and a fellow of the American College of Surgeons.

Gastrointestinal endoscopy involves the examination of the interior lining of the esophagus, stomach, and the small and large intestines using a flexible instrument called an endoscope. Through the endoscope, the physician can look for ulcers, inflammation, tumors, infection, or bleeding, and obtain tissue samples or biopsies, remove polyps, and treat bleeding. Endoscopy

also can show problems that do not necessarily show up on x-rays and can sometimes eliminate the need for exploratory surgery.

Advanced laparoscopic surgery is a minimally invasive approach to treating diseases of the gastrointestinal tract. This technology allows traditional gastrointestinal operations to be performed through small incisions, the benefits of which are: significant reduction of pain, decreased incidence of wound infection, and shortened hospital stays due to a quicker recovery time.

“With minimally invasive surgery, patients can enjoy the benefits of minimal scarring, less pain, and faster recovery – which is something you cannot put a price on,” says Dr. Washington.

Bariatric or weight loss surgery is often reserved for those who are severely obese and have tried repeatedly to lose weight through diet, exercise, and weight-loss medication. Potential patients usually undergo medical and psychological evaluation to determine if they are candidates for this surgery. Today, bariatric surgery can be performed laparoscopically without making a large incision. This approach can reduce recovery time and post-surgical complications.

For more information on this specialized practice or to make an appointment, please contact Endo-Surgical Associates of Central Jersey at 732-761-1740.